

From the desk of Suellen Willi, LCSW: Practice Update

What uncertain times these are! I am moving my practice into a phone/online session format effective this week. We'll hopefully return to business as usual sooner than later, but I will be following the guidelines of Public Health officials as they strive to keep us safe and whole.

I am sure some of you are feeling the closings of local businesses in very personal ways, and my wishes for strength and creativity extend to your homes and families in this rough time. For others of you your health may already be a concern – may you stay safe and ensconced in your homes, and receiving the support you need to keep your health and that of your family, protected and robust.

So...here are a few guidelines about this new Practice format:

I am available for phone sessions of 15, 30, 45 and 60 min. sessions.

I will be available for online sessions through Skype and Zoom programs. They can be downloaded fairly easily to your laptop, desktop or phone. I would like to offer a free 20 min. or so connection to all who are interested through this platform to test it out for technical strength and usefulness for a therapeutic connection.

Fees for sessions are based upon the time we use together: 15 min (\$25), 30 min. (\$50), 45 min (\$75) or 60 min. (\$100). Your payment options are:

- 1) Paypal (your account to mine, select “service” option and send to info@suellenwilli.com);
- 2) Venmo (app downloaded to your I-phone or Android) to Suellen WilliLCSW@Suellen-Willi;
- 3) Credit card/Debit card info given over the phone at session end, which I will run on Paypal Business;
- 4) Mailing a check to Suellen Willi, LCSW at 17200 N Applegate Rd., Grants Pass, OR 97527

Just give a call or text to discuss these options. It's also best at this time to talk in person to schedule therapy time to reduce confusion and address concerns you may have about this new change. I should be more available than usual to return calls starting this week. May we forge together a new path through these unique times!

Warmly,

Suellen

March 22, 2020

